

BHAKTI

from the pages of The Divine Cool Breeze

MARKET REVISION



bhakti

I DON'T KNOW HOW TO CREATE BHAKTI WITHIN YOU. That I can't say, but I have seen people with bhakti. They have achieved great heights.... I don't know how the bhakti and shraddha has helped them so much. In this, I must say, Indians are the best because they have this power of bhakti and of shraddha.... Bhakti is love and love which is understanding, which understands what is bhakti and shraddha.

Unless and until you develop that bhakti and shraddha within you, you cannot rise. You cannot rise above your problems. You cannot rise above your personality because bhakti is something you cannot impose on anyone, you cannot force on anybody.... You have to have all your qualities absolutely intact. You should be intelligent. You should be understanding. Everything should be there. But at that time, the joy of bhakti is within you. And this joy of bhakti, when it starts flowing, the Goddess Herself enters into your being.

I have seen people – bhaktas, many great saints in India – who achieved a lot of heights. They have gone too far into it and, if you read about them and if you understand them, you are amazed how, without any help, without any guidance, how could they go that deep and worship the Devi.

Worshipping is not just out of sheer reading or some sort of a chanting or anything, but it's the deep attention of your heart. I think it's the spirit. If the spirit is awakened within you, you develop the bhakti and drop out all nonsensical ideas, all different things that have crawled into your head – but you just develop the bhakti.

Now all these qualities described of the Devi are left-sided, are in the brain – memory, *smriti rupena samsthita* – other things also. Whatever are described are in the brain. And then the bhakti reaches the state. It just neutralizes everything. All the problems of the brain are neutralized and you become a wise person.

So the greatest boon of the Devi is to give you wisdom. You can call it awareness. You can call it anything. It's a kind of a wisdom by which you become absolutely a divine personality. That wisdom you must reach through your bhakti.

But, you see, we have people of all kinds. Some are very much in the shraddha, in the bhakti, in the devotion, but they are wrongly placed and they don't understand to whom we should worship and where we should go.

Now Sahaja Yoga, it is an actualization. Sahaja Yoga is a *sakshat*, is actualization in which you know whom to worship and to whom to surrender. It's not blind in any way. Whatever is blind bhakti can take you to any kind of nonsense. And that's how many cults have come up. Many of these things have come up, but that's not a thing that sees, that knows, that understands. It should be understood by your intelligence, by all your qualities, what your bhakti is like.

Now we have, through kundalini awakening, reached a very great height, I must say, of the understanding of bhakti, the power of bhakti. The greatest power of bhakti is that it protects you. It protects you. Those people who are suffering from any kind of trouble, any kind of problem, just get out of it because this bhakti of yours gives you the right type of understanding, the understanding of yourself – also the understanding of the surroundings – the understanding of the whole universe, I should say.

Why people behave like this, why they are like this – all this can be solved through your bhakti. It should not be blind, but it should be a wise bhakti – wise with wisdom.

It is only possible through Sahaja Yoga, otherwise whatever bhakti people do like mad, that cannot be bhakti. You don't become mad. You become a wise man – a wise man, as we have so many in the past and the way they have talked about everything is surprising. How they have said things about human awareness, about your ascent is remarkable. As I sometimes I feel, they have really prepared a field for Me, a proper area for Me to talk to people.

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shraddha
is dedication

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with bhakti, God comes to them

Especially in India ... we are very much devoted people. In the same way, all over it should happen.... Bhakti and shraddha – these two things are missing in the western life, I must say. We should come back. We should develop. We should grow. But even in the eastern life now, it's missing. For them the ideal is now the western life. Once you take to western life, that part is over because the whole thing is judged with ideas – what is beneficial, what is helpful in life. But bhakti and shraddha, according to them, is of no use, that doesn't help. Most of the people nowadays think like that. But you are very few who have understood what is bhakti and what is shraddha.

So I would say the Goddess gives you bhakti and shraddha – by what? She gives you through your meditation, that you see so many miracles happening in your life and you are amazed how this has happened.... She corrects you.... The most important point is surrendering....

It is within us, within our power as human beings to be wise. I have seen animals have such a sensitivity to vibrations, extremely sensitive. How? Because their wisdom is intact. It works in them. They are not conscious of it. The difference is human beings are conscious of their wisdom. This is the only difference. Animals have wisdom, but automatic – we should say natural – but we have inculcated this or we have developed this wisdom within us ... through our meditation, through our understanding of bhakti and shraddha.

So it's very important to understand the value of bhakti within us. You cannot superficially touch it. Those who are superficial will never get it. Wisdom only comes through understanding what wisdom is....

First of all, find out about yourself. If you are a real Sahaja Yogi, if you really want to be a instrument of this power, then what you have to do is to become full of bhakti and shraddha for that. And this bhakti and shraddha are very joy-giving, I know it. It never makes you tired, it never troubles you, nothing, but it's very nourishing and beautiful. But it should be at the right place, with the right aims and the right understanding....

So the bhakti and shraddha to the Goddess definitely gives you wisdom. We have had some people in India who did lots of bhakti, so-called, and showed lots of shraddha, but they were not. They were just talking about it or doing all kinds of things about it, but they were not. So wisdom is something, a very innate quality, very innate. It's not superficial. You cannot just say that this person, is he wise or not? It shows that just like a power, it's a power of understanding and it's supported by the power of the Goddess.

So She is the giver of wisdom. This is the biggest quality of the Goddess, that She is the giver of wisdom. And wisdom comes as a part of the evolutionary process....

The first thing is anybody who is supposed to be your guru or supposed to be the person who is guiding you must have bhakti, the bhakti of the Goddess – very important to understand.

Bhakti is devotion. That too is another trick of Shri Krishna, the way He describes bhakti. Now you find people on the street, “Hare Rama, Hare Krishna” singing. In one word He has concluded. He says, “You must do *ananya bhakti*.” *Ananya* means “when there is not the other.” That means when you have submerged yourself into the Divine, you are one with the Divine, then you should do bhakti. Otherwise I do not accept. He says that “If you give Me some leaves or some fruits or some flowers, I will accept, I will accept.” But for Him, the real bhakti is only possible when you become one with the Divine. Otherwise it’s just a show.

Shri Krishna Puja 1998

People who are in their spiritual awareness or spiritual ascent, try to take to bhakti. They take to bhakti more. They worship God from their heart, from their emotions. They work through emotions. There are twenty-four types of relations they establish with God. That’s called as “a bhakti relationship,” we can say, and they dwell upon it and all the time weep and cry and say, “Oh God, when will I meet you?” Such people are the ones who take domination from others, suffer, sacrifice and lead a life of great suffering. But in their expression, in their achieving God, they start doing bhakti and they think, through bhakti, they will come to God. But with bhakti, God comes to them. Because of their bhakti, God comes to them and He incarnates for the bhaktas. The ones who cry for God, He incarnates.

2 September 1983

Shri Krishna said that do *ananya bhakti*. “*Pushpam Phalam Toyam*. Whatever you give Me, I’ll take.” He’ll take everything. He is the one who is the only *bhokta*, means He’s the only enjoyer. But what will you get? He says, “When you do *ananya bhakti*, it means when you are one with Me.” That means you are connected with Him. That’s how He has explained bhakti, what bhakti is, very clearly. But people don’t understand. They think that bhakti means you go on singing on the street.... Bhakti it is not. If that was real, they would have achieved something, but they did not. Now don’t blame Krishna for that. He has clearly said it should be *ananya bhakti*. Only by changing your dress, wearing a particular type of style, that’s not the way. That’s all so outward. It’s just to show off. But actually *ananya bhakti* is within yourself, when you are in that state, when you are one with the Divine. Unless and until that state you have achieved, not only that but established, He doesn’t give you anything.

Shri Krishna Puja 2001



When you start seeing yourself, you start entering into the realm of bhakti. You become a mild person, become a sweet person. You don't talk too much. You don't harass anyone. You are a very pleasant person, very gentle, very understanding. This person has to verify how he is behaving towards others. Now the attention starts moving from oneself to another and you start seeing how you behave, how you love, what is the quality of your compassion. When you love somebody without any expectations, just love, then you are absolutely dedicated to that person – absolutely. You just obey. You'll do anything for that person. If there is this love which you call as surrender, this is just the love. Surrender is nothing but the love and that love which is extremely joy-giving. This bhakti starts, this dedication starts and you are cleansed by that bhakti. All the bad qualities you have ... all the deficiencies you have, all the problems you have, you understand and you get over it. Now if you see somebody with the same qualities, with the same troubles, you, in the love of that person, try to tolerate. Such a person just tolerates. There is no aggression and these people forgive. Realized souls go on forgiving. Their capacity to forgive is tremendous. They do not bear any malice against anyone. They don't have any anger about anyone. They just go on tolerating and forgiving and forgiving. This forgiveness is just a music, I should say, of your bhakti.... I have seen some people they have such bhakti, such devotion, which is shraddha – it's higher than bhakti – that it becomes part and parcel of your being. It just envelopes you completely. When you have that shraddha, it is very miraculous. It works so many miracles.

Guru Puja 2000

There is *bhakti gamya*. You cannot get to Mother unless and until you have really bhakti from your heart. It is all already sort of a built-in restriction. What can you do? If you don't have bhakti, you cannot get to Mother. No, you cannot. You cannot get to God. But if you have bhakti, then you can get to Mother. It is written, "bhakti gamya." If somebody says, "All right, raise my kundalini!" I cannot raise his kundalini.... But if somebody says, "Mother, will You please give me Realization?" once – so not only humility, but bhakti. And bhakti is only possible if you have your faith.

Guru Puja 1992

Collectivity is the blessing of Viratangana. She teaches you how to love each other. She teaches you how to enjoy other Sahaja Yogis. She teaches you how to have bhakti in your heart. But that teaching is like innate. If I say She teaches, does it mean you are the disciple and She is the teacher? No. You become Viratangana yourself.... All that happens, absolutely happens in your brain. That's how your brain, which is the one which receives all the information and creates all the information, creates all the mental projections, becomes a new vehicle to create a dimension which goes higher, not declining.

Virat Viratangana Puja 1993

There were two types of people who became aware of the higher powers of nature. One of them was the people who thought we may be able to excite the nature itself, so they started worshipping all the five elements through the Veda mantras and all that ... the result of which we see today is the manifestation of science, that they have been able to harness the energy of those five elements. The second type of people, who became aware that there must be some force which is giving us evolution, they started singing the praise of God in bhakti and requesting God to incarnate on this Earth. These were the *bhakti margis*. That is how in the Virata in the Primordial Being there are two forces as there are in the human beings. One is the emotional force, which is the bhakti, which gives us existence. This is the force through which the whole universe was conceived, was desired.



ALL THE TIME I FEEL THAT IT'S YOU

One lady, who was a Devi bhakt and had done so much study of bhakti and all that and knew so much, just merged into Me. I just couldn't understand her, how and what she has done because normally people don't do. When they are reading about the Devi, they think, "All right, this is Devi, this is Mataji." You see, it's separate things. They don't know they are reading about the Devi.

So she said, "Mother, I just identified. It's written that how You are gentle, the Goddess is gentle, how She touches me, how She looks after me, how Her attention is on me."

Like there's a sentence, *kataksha kataksha nirikshana* – every glance is an inspection, but inspection is not a very good word, but *nirikshana* means "divine inspection."

"So all the time I feel that it's You, You. You are all the time. When I listen to music, I feel now, 'See, She is looking at me, She is feeling me, She is nourishing me.' All the time I feel Your love."

That's how the bhakti comes in. So if you have vibrations, that doesn't mean that they are something dry, you see. No, it means the joy of bhakti. Bhakti is – you can call it adoration, this, that. It's the ocean of love that is God. You just get drenched into it. There's no words to it. And that is what, when you feel you must know, that you have taken the spirit as a real connection between you and your Mother or your Father. There's no differentiation. You are one in that ocean, drenched in the ocean. You are the drop. You are the ocean. You are one in that bhakti. And that bhakti cannot be mechanical because it is not man-made.

So to enjoy Sahaja Yoga, you must know that it's not dry vibrations only, but it is the bhakti. That is the joy of Shiva's quality, the quality of joy that He adds to our life. Everything seems to be surrounded, resounding. Same thing – the joy that "I'm loved so much by God, that God loves me, that I have a meaning in life...."

Understand this one little point – that it comes from your heart into your brain, not from the brain to your heart. It comes as if the ambrosia of your bhakti covers your brain absolutely.

Mahashivaratri Puja 1991



I WENT TO MEET ONE REAL GURU. Oh, he was a very horrid fellow otherwise. He has slapped so many people, thrown so many people down from the hills and all those kinds of things he has done, no doubt. But still, for Me, he has tremendous regard.

I went to him, so he just started talking to Me as you talk to a Goddess. He said, “How do you find these worldly people here?”

I said, “All right. After all, I have created them.”

“Haan!” But he said, “Still but, You have got. With Your power, why don’t you change them a little bit?”

I said, “That’s what is the problem. I have given them freedom.” I said, “All right, it’s freedom to you. You can choose if you want to get transformed or not. I cannot force.”

He said, “But God Almighty You are. You can do anything.”

I said, “I can do everything, but I do not want to do certain things. One of them is to take away the freedom from them. That is their freedom to choose. That’s given to them because if they have to have the ultimate freedom, they should have this little freedom intact.”

So he was quarrelling with Me about this. He said, “But when You are God Almighty, there could be some other method. These horrible people, what to do?”

I said, “Your concern is all right and I understand because you are a guru, but when I am God Almighty, supposing, then My style is different. I can’t be like you.”

Then he said, “That’s true. You can’t be like me.”

That is what I found in him. He was talking to Me only as if I am God standing before him and then he told all the disciples, “You see, you praise. You praise the Lord. You praise Her – *stuti kara* – because God is fond of praise.”

I said, “Really?”

“Yes, if you praise the Lord, then He gives you everything. I’ve seen that. I always praise Him. Whenever I want something to be done, I just praise Him and He does it for me.”

So I said, “It’s true. I must accept – *bhakti gamya*. You cannot get to Mother unless and until you have really bhakti from your heart. It’s all already sort of a built-in restriction. What can you do? If you don’t have bhakti, you cannot get to Mother.

Bhakti is only possible if you have your faith.... Your faith in God has to be absolutely, absolutely untarnishable. Nothing can disturb them. That’s very important. You’ve seen all the miracles of God. You’ve seen how you are working out His powers. You’ve known all these things, but still the faith in God is missing.

The person who has complete faith in God is called as the one. It is God himself, they say. It is called as Paramachaitanya. The guru is called as the one who is himself the Brahmachaitanya.

So when this faith in God is absolutely established in you that there is God Almighty – “He’s almighty and that I am the messenger of that God” – just this understanding, when it becomes absolutely firm in you, then you are in the *gurupada*.

I bless you today that all of you achieve that state, that you reside in that gurupada state. And wherever you are, whatever you are, whatever may be your position, whatever you may do, the faith in the God Almighty, that is so truly within you, will express itself. Not only that, but it will manifest. It will act just like God.

So many things can be said. I’ve said so many things before. So many can be said later on also. But today we have to remember one thing, that we must have complete faith in the kingdom of God and in the powers of God Almighty – complete faith.

And then in ourselves.

Guru Puja 1992

It is within you – the Tree of Life....

It is placed, this great mechanism which spontaneously works out our Self Realization, becoming, by which your karmas, your actions become spontaneous and you get connected with God.

So you are. Your bhakti has some meaning. Your devotion has some meaning. 10 September 1981



Adi Shankaracharya was asked, “Which is the greatest quality?” He said, “Devi bhakti, Mother’s bhakti. She is the Devi. Your Mother is the Devi. Understanding that, do Her bhakti. In that bhakti, there should not be any false thing. The first quality, the highest quality, if it is seen in a human being from his heart, all his bad qualities will be destroyed. He will get light and attain moksha.” That is why He has always praised the Devi. In the beginning, He has described a lot, written lots of books like *Vivek Chudamani*. Lastly, He said that by only pleasing the Devi, one can get everything. Then why do these things? Why to do debates? Why to do discourses and break one’s head? Just praise the Devi and you will get whatever you want. His wisdom very few people have.

Shri Durga Puja 1982 (translated from Marathi)

One of the sayings about the Goddess is that *Ya Devi Sarva bhuteshu, bhakti rupena samsthitah* – “The one who gives us that dedication, that sense of dedication, You are the one who resides in everyone with that sense of dedication.” And it is such a joy that cannot be expressed what this is, that one you feel when you are dedicated.

9 March 1983

I know who are progressing in dedication and devotion. I have seen people improving so much. You need not face Me. You need not see Me. In person I need not be there. It’s all in the All-pervading Power. That’s all My light, which knows each and everything about you. And only through your bhakti, through your devotion and dedication, you can achieve Me.

31 July 1982



As you say, "Mother, bless us," I say, "You also bless Me."

YOUR FAITH IN ME, I MUST SAY, IS GREAT.

I am Myself surprised at that. I am quite a camouflage. It's not easy to understand Me. I don't understand Myself. On one side, of course, I'm Divine, no doubt. On the other side, I am very human. Even in a film if I see somebody suffering, I start crying. I can't bear it. I can't cure children because I can't see their sufferings. It's another aspect of Mine. I've made Myself extremely human and this divinity of Mine also is just Sahaj. I've done nothing. I've been like this and I'm like this. I've not achieved anything. If I've achieved anything, it is the understanding of human beings because I always felt that all these incarnations and all these prophets never understood human beings. They never knew that they are not enlightened people and no use talking to them of these great things. It's all a waste. It's like a blind person, you explain to him all the colours and the beauty.... So this human realization – I should say that I had – is so beautiful. Now I understand what is the joy of bhakti, what is the joy of gnyana, what is the joy of karma because a person who doesn't do anything, who is Nishkriya, a person who has no bhakti and who has no gnyana is just wakened completely. I had to fill in Myself with all these things that I have to know the gnyana – not the gnyana of the Divine because, after all, that is not difficult because if I am that, I know that, but the gnyana of the human beings, the problems of the human beings. I had to study for years the human beings to work it out. But once it has worked, that's what is said, that there is divinity in you. It has started expressing itself and such beautiful divine lights are sitting before Me.... Look after your vibrations, which pulsate in your being, because the spirit has awakened in your attention, in your central nervous system. That's the most important thing you have to do. The rest of it is Sahaj. The rest of it is absolutely Sahaj.

Shivaratri Puja 1992

IF YOU FEEL HAPPY, THEN MY HAPPINESS IS COMPLETE.

But you felt for Me, that I should wear [these ornaments] itself shows that you wanted to see them on Me. It is also such esteem of your very subtle bhakti, very subtle love for your Mother.

In these modern times, to have such bhaktas, itself is a big blessing for Me. So, as you say, "Mother, bless us," I say, "You also bless Me."

You have already blessed Me by this beautiful arrangement you have made, the way you have put yourself, surrendered yourself for this great puja because all is such an inter-dependent process. You do the puja. I can't do the puja. You have to do the puja.

When you do the puja, the chakras are awakened. Mine are awakened, but in you they are awakened.

Now how to explain to people what is the importance of puja? If you have not tasted the fruit of a puja, it is impossible to explain. It is at a higher level only one can understand all these things.

Birthday Celebrations 1983

All this knowledge came to you so sweetly.





*Such a tremendous power,
so alert, so affectionate, so kind is there
– and a Mother, who is your teacher.
Mother teaches children with love.
Not only that, but you never even felt
how I taught you Sahaja Yoga.
You just learnt it like that.
It's a child's play for you.
It's such a difficult and subtle subject.
You picked it up without any difficulties.
So artfully it was done.
Beautifully it was done, built-in within you.*

*Now you know,
“This is Sahaja Yoga,
this is not Sahaj Yoga.”
All this knowledge
came to you so sweetly.*

Navaratri Puja 1990

These trees are standing still just watching you all.

See – absolutely still, nothing is moving.

They don't allow even one leaf to move.

Let it be – until the breeze starts.

Mother starts the breeze.

Until then, we'll just keep quiet and watch.

