

RECOGNITION

from the pages of The Divine Cool Breeze

Recognition

doesn't only mean

that you recognize

Me as Adi Shakti,

but recognition means

that in every part of your life

you should know that

I am with you



I am supposed to have been here.

*In a period of twelve days in September of 1981,
Shri Mataji gave seven public programs in New York City.
In the final program of that series,
She made a historic announcement to the audience.*

recognize

NEW YORK 20 SEPTEMBER 1981

You cannot do anything with this mind of yours.

You have to go beyond it.

Somebody has to trigger you into this state.

You have to go into there.

You have to become the Spirit.

Only by realizing your Spirit

can you get connected with God.

And before that, you cannot connect to it.

That is why you have to become the Spirit.

And the Spirit is the connection.

It is the link with God.

There is no other way you can be linked with God. If you want to keep yourself in delusion, you go ahead with it. But this is the real thing I am telling you. It is the true thing I am telling you, for which you should know you cannot pay, you cannot purchase it, you cannot demand it and you cannot work it out. The grace of God has to come, fall upon you to do it. A person who is enlightened can only enlighten you....

I am supposed to have been here at least. It is the integration. The end of it is the integration of all these seven centres. All these seven centres are placed around this area called as the limbic. If you cut the brain ... you will find it. It is like a lotus. You can find that there is the marking. It is like a lotus opened out. And it is one thousand petals.... It is said in the Bible, "I will appear before you like tongues of flames...." They appear as living flames in different colours, starting from one to another. And they are one thousand in number....

Now these seven centres are here. Now, at the fontanel bone is the centre of the Heart. Now, just imagine, it is at the centre. So where do I exist? If I am in your heart, I am here.

So the key of Sahaja Yoga is that you have to recognize Me. If you cannot recognize Me, you cannot progress in Sahaja Yoga. I have to frankly admit it.... I do not tell this in My first lectures, but I have to say it: "Please, now recognize Me."

As your Mother, I would request you to recognize Me. You do not have to give Me anything, just take things from Me. Just have it yourself. But recognize Me. If you deny Me, then this will not open. This will be always troubled.

That is why at the end you say, "Mother, give me my Realization" because I have come on this Earth to give you Realization. That is My job. It is one of the worst jobs that one can have.



Because it is so difficult with people, to talk to them, to tell them about it and they are all the time up in arms – they are so aggressive and they start fighting – it is a Mother's job. It is a thankless job, an absolutely thankless job. I have to do it. And also only Mother can do it.... To use the whole thing with an integrated idea and balancing, with an understanding of human beings, you have to have a mother. And that is why sometimes people try to become very familiar and start taking advantage or taking liberties, which is a wrong thing.

Whatever I am, I am. And I am love. I cannot help it. I really can't help it.

I am compassion. One day I did feel very disgusted, really. Once I did feel very disgusted with people, the way they were and I was just saying, "Forget it." And then suddenly, I saw My photograph and I saw My eyes. Then I said, "Nirmala, you are compassion. You're compassion. You can't help it. You just can't help it." I have to work it out. I know it means sometimes too much, but I have to work it out.

Now, some people come out with a question, "Why You, Mother?" I said, "Why not you? It's a good idea. Come along and do it. It will be the best for Me to retire. My husband might give you a pension for it. He will be so happy that I have found out somebody who will replace Me." But I have not yet found out somebody who will replace Me. I wish you could. It will be a good idea.

The name Nirmala itself means immaculate. It means the one who is the cleansing power. It is a name of the Goddess also. My actual sign name is Lalita. It is the name of the Primordial Mother.

It is not easy to carry all this load on this human body, appear like a human being, to act like a human being, to behave like a human being, so that there is a rapport. Why is an incarnation needed? There has to be a rapport because the unconscious cannot talk to you. Whatever you see in a dream comes back to you afterwards from the subconscious area. All the ideas will be such a mess, such a confusion and you cannot decide anything. So it has to come on this Earth as a human being and tell you with a language.

The key of Sahaja Yoga: you have to recognize Me

It is God's desire that you have to be realized. It is all written in the Bible. It is all written in all the books of the scriptures. It is very largely written in the books of Adi Shankaracharya, who has described Me fully, in a very full way.

It is easy for Indians to get to Me. I mean, they are aware of My Advent and they know that I am there. Most of them know about it. But they cannot understand why I have come to America. They say that, "Why have you come here? People there won't accept it." But I do not think so because I think you are great seekers, very great seekers, born seekers. You are a special type. I have to work for you.

I must say, the transformation that has taken place in the western Sahaja Yogis has not been achieved by Indians so much, although they have an advantage because they are born in a country which has a basis, which keeps the attention intact. The attention is very much intact, so it is easy to work it out there. Here it is difficult. It does not appeal to people, but still, you are all great people. So many of you are lost, but they can be all saved.

Those who are here should know that you have the greatest opportunity in your life today to be realized and to give Realization to others. First of all, you have to become all right. Then you can give the light to others.

The greatest thing that is needed for Sahaja Yoga is wisdom. And logically you will reach a conclusion and understand that Sahaja Yoga is the end of all the problems of the world – of all the problems of the world. For example, take capitalism and communism. Now, I am a capitalist because I have all the powers and I am the communist because I cannot enjoy it without giving it to you. But it is spontaneous. I have not to do it because I think about it. It just works. It is like that. All the problems – political problems, economic problems – everything can be solved.



I am love

I am compassion



Krishna has said, "Yoga Kshema Vahamyam. When you get your yoga, you get your well-being." He has promised. He could have said it, "Kshema Yoga Vahamyam." He did not. He said, "Yoga Kshema Vahamyam." First do yoga, first unite. Unite with the Spirit, then you are blessed by all these things. This is the centre of even material wealth, of Lakshmi, which works out. And all the Sahaja Yogis who have been to Me are blessed by material wealth also.... They get well-being from every angle in a balanced way and an integrated way.

So the last method is of integration is that you get completely integrated. Whatever you do, your Heart supports it, your mind supports it and your body supports it. You are completely integrated in one being. That is your Spirit....

Normally, I do not tell about Myself, but today he exposed Me. As soon as I came, I had to tell because it is not tactful. It is not tactful to say anything. It is better that you discover Me than I tell you because Christ was crucified. Everybody was tortured. I do not want to hamper My work because it makes no difference by telling you anything before Realization. It is better to tell you after Realization.

I am the Holy Ghost – no doubt.

I am the one about which Christ has talked.

I have told them. I had never said this from a platform.

They have been telling Me, "Mother, You must say that once."

I said, "In America I will declare it."

So today I declare that I am the Holy Ghost.

I am the Holy Spirit,

who has incarnated on this Earth

for your Realization.

May God bless you.



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Christmas Puja

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