

THE DIVINE COOL BREEZE NOTES

# BEGINNINGS

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# B E G I N N I N G S

Everything new becomes stale and never becomes new again. So whatever has gone has gone. Let bygones be bygones. There have been very sweet memories sometimes, sometimes rather unhappy also, but on the whole we are growing, realizing, coming up. You have done a good job of building up yourselves into a new way. New Sahaja Yogis have come up now, have got rid of their lethargy and their jealousies, their slyness, their slumber and narrow-mindedness. All these things have to be buried in the past. They are of no use to us. It is a load we carry for nothing at all....

as a new person  
every minute, every second

When you are trying to bring in something new, you must talk of the new. Then whatever is old and outward should be sent away, should be thrown out. Otherwise you will never grow..... All old things, old rags you have had on, throw it away, same day. Obstinance should not be there. People are very obstinate. They do not want to see. They do not want to forget. They do not want to forgive. Give up that obstinance. Obstinance is not the nature of your spirit.... You must come as a new person every minute, every second. [1981.12.31](#)

## keep the connection on

You are rewarded. You have been telling me so many stories how sahaj it worked out, how sahaj it has happened. All of you have been telling Me very nice stories. It is part of your play in Sahaja Yoga and that is your place in the kingdom of God. So in the kingdom of God, you are there. Try to enjoy it. That is the only thing you have to do: enjoy the kingdom of God. But if you try to dislocate yourself from this joy, break the connection of joy by some sort of thinking, which is not reality, then you are responsible for yourself. So I have to tell you keep the connection on. Not only that, but try to make it stronger and stronger and become one with that Divine Force permanently, which will flow through you and will not only enlighten you, but will give you so many powers. You will see the new life in this new year. [1991.01.01](#)

## you will see the new life